

TruHealth[™]

by MANNATECH

30-DAY
**FAT-LOSS
SYSTEM**
Supplement
Facts



ITEM
#16201



ITEM
#16301



ITEM
#16501



ITEM
#16001

TruPLENISH[™] Nutritional Supplement Shakes

TruPURE[™] Slimsticks

TruSHAPE[™] Herbal Dietary Supplement

Supplement Facts

Serving Size 2 scoops (41 g)
Servings Per Container 14

CHOCOLATE

| | Amount Per Serving | % Daily Value | | Amount Per Serving | % Daily Value |
|-----------------------------------|--------------------|---------------|--|--|---------------|
| Calories | 165 | | Iodine (from yeast) | 15 mcg | 10% |
| Calories from Fat | 20 | | Magnesium (from marine mineral complex and algae) | 40 mg | 10% |
| Total Fat | 2 g | 4% | Zinc (from yeast) | 1.5 mg | 10% |
| Total Carbohydrate | 12 g | 4% | Selenium (from yeast) | 7 mcg | 10% |
| Dietary Fiber | 5 g | 20% | Copper (from yeast) | 0.2 mg | 10% |
| Total Sugars | 5 g | | Manganese (from yeast) | 0.2 mg | 10% |
| Protein | 20 g | 40% | Chromium (from yeast) | 12 mcg | 10% |
| Vitamin A (as beta-carotene) | 1000 IU | 20% | Molybdenum (from yeast) | 7.5 mcg | 10% |
| Vitamin C (from acerola) | 25 mg | 42% | Sodium | 231 mg | 10% |
| Vitamin D (from mushroom) | 200 IU | 50% | Potassium | 132 mg | 4% |
| Vitamin E (as d-alpha tocopherol) | 15 IU | 50% | Alpha-Linolenic Acid (from flaxseed and chia seed) | 160 mg | † |
| Thiamin (from yeast) | 0.7 mg | 47% | <i>Lactobacillus acidophilus</i> | 1 Billion CFU (at the time of manufacture) | † |
| Riboflavin (from yeast) | 0.8 mg | 47% | Proprietary Digestive Enzyme Blend (Alpha & Beta Amylase, Protease 1, Protease 2, Lactase, Lipase, Cellulase, Invertase) | 50 mg | † |
| Niacin (from yeast) | 8 mg | 40% | | | |
| Vitamin B6 (from yeast) | 0.9 mg | 45% | | | |
| Folate (from yeast) | 200 mcg | 50% | | | |
| Vitamin B12 (from yeast) | 3 mcg | 50% | | | |
| Biotin (from yeast) | 75 mcg | 25% | | | |
| Pantothenic acid (from yeast) | 2.75 mg | 28% | | | |
| Calcium (from algae) | 200 mg | 20% | | | |
| Iron (from protein blend) | 5.8 mg | 32% | | | |

Other ingredients: Pea protein, brown rice protein, fructose, acacia gum, cocoa powder, guar gum, natural flavors, Reb A (stevia leaf extract), Glyconutrient Proprietary Blend (Arabinogalactan, aloe vera extract (inner leaf gel powder), gum tragacanth), Proprietary Berry Blend (Strawberry, blueberry, raspberry, tart cherry, elderberry, cranberry), Proprietary Veggie Blend (Broccoli, broccoli sprouts, tomato, carrot, spinach, kale).

Supplement Facts

Serving Size 2 scoops (39.5 g)
Servings Per Container 14

VANILLA

| | Amount Per Serving | % Daily Value | | Amount Per Serving | % Daily Value |
|-----------------------------------|--------------------|---------------|--|--|---------------|
| Calories | 160 | | Iodine (from yeast) | 15 mcg | 10% |
| Calories from Fat | 17 | | Magnesium (from marine mineral complex and algae) | 40 mg | 10% |
| Total Fat | 2 g | 3% | Zinc (from yeast) | 1.5 mg | 10% |
| Total Carbohydrate | 11 g | 4% | Selenium (from yeast) | 7 mcg | 10% |
| Dietary Fiber | 5 g | 20% | Copper (from yeast) | 0.2 mg | 10% |
| Total Sugars | 5 g | | Manganese (from yeast) | 0.2 mg | 10% |
| Protein | 20 g | 40% | Chromium (from yeast) | 12 mcg | 10% |
| Vitamin A (as beta-carotene) | 1000 IU | 20% | Molybdenum (from yeast) | 7.5 mcg | 10% |
| Vitamin C (from acerola) | 25 mg | 42% | Sodium | 205 mg | 9% |
| Vitamin D (from mushroom) | 200 IU | 50% | Potassium | 44 mg | 1% |
| Vitamin E (as d-alpha tocopherol) | 15 IU | 50% | Alpha-Linolenic Acid (from flaxseed and chia seed) | 160 mg | † |
| Thiamin (from yeast) | 0.7 mg | 47% | <i>Lactobacillus acidophilus</i> | 1 Billion CFU (at the time of manufacture) | † |
| Riboflavin (from yeast) | 0.8 mg | 47% | Proprietary Digestive Enzyme Blend (Alpha & Beta Amylase, Protease 1, Protease 2, Lactase, Lipase, Cellulase, Invertase) | 50 mg | † |
| Niacin (from yeast) | 8 mg | 40% | | | |
| Vitamin B6 (from yeast) | 0.9 mg | 45% | | | |
| Folate (from yeast) | 200 mcg | 50% | | | |
| Vitamin B12 (from yeast) | 3 mcg | 50% | | | |
| Biotin (from yeast) | 75 mcg | 25% | | | |
| Pantothenic acid (from yeast) | 2.75 mg | 28% | | | |
| Calcium (from algae) | 200 mg | 20% | | | |
| Iron (from protein blend) | 6 mg | 33% | | | |

Other ingredients: Pea protein, brown rice protein, fructose, acacia gum, guar gum, natural flavor, Reb A (stevia leaf extract), Glyconutrient Proprietary Blend (Arabinogalactan, aloe vera extract (inner leaf gel powder), gum tragacanth), Proprietary Berry Blend (Strawberry, blueberry, raspberry, tart cherry, elderberry, cranberry), Proprietary Veggie Blend (Broccoli, broccoli sprouts, tomato, carrot, spinach, kale).

Supplement Facts

Serving Size 1 Slimstick | Servings Per Container 30

| | Amount Per Serving | % Daily Value | | Amount Per Serving | % Daily Value |
|------------------------------|--------------------|---------------|---|--------------------|---------------|
| Calories | 25 | | Proprietary Blend | 3.0 g | † |
| Total Carbohydrates | 5 g | 2% | Xylitol, fructooligosaccharides, lemon fruit extract, orange fruit extract, xanthan gum, milk thistle (<i>Silybum marianum</i>) seed extract, Japanese raisin (<i>Hovenia dulcis</i>) fruit extract, aloe vera inner leaf gel powder, turmeric (<i>Curcuma longa</i>) root extract, bokbunja black raspberry (<i>Rubus coreanus</i>) fruit extract, passion flower (<i>Passiflora incarnata</i>) extract, choline bitartrate, inositol, glutathione (from <i>Saccharomyces cerevisiae</i>), methionine (from corn starch), chlorella (<i>Chlorella vulgaris</i>) whole plant extract, spirulina (<i>Arthrospira platensis</i>) whole plant extract, digestive enzymes (protease, amylase, lactase, lipase, cellulase), blended vegetable concentrate (cauliflower (flower/stalk), cucumber (fruit), pumpkin (fruit), water dropwort (leaf), cabbage (leaf), kale (leaf), parsley (leaf), red pepper (fruit), green pepper (fruit), broccoli (flower/stalk), beet (root), arabinogalactan (<i>Larix spp.</i> wood), aloe vera inner leaf gel extract (Manapol [®]) | 12.1 g | † |
| Vitamins B6 (pyridoxine HCl) | 0.5 mg | 25% | | | |

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Erythritol, natural orange flavor, natural lemon flavor, malic acid, Reb A (stevia leaf extract), silicon dioxide.

GLUTEN FREE, NO ARTIFICIAL FLAVORS, COLORS OR SWEETENERS, NO GENETICALLY MODIFIED DNA.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

| | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Calories | 5 | |
| Proprietary Blend (Green Tea Leaf Extract 685 mg Powder standardized to 98% polyphenols and 50% EGCG, Capsicum Fruit Extract Powder standardized to 2% capsaicinoids, Arabinogalactan (from <i>Larix spp.</i> wood), Gum Tragacanth, Aloe Vera Inner Leaf Gel Extract Powder.) | 1 | † |

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide.

GLUTEN FREE

